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## A little time makes a big difference

WHETHER you can volunteer once a year or once a week, Minda's Volunteer Services says your time and support will be greatly appreciated and will make a significant difference to the life of someone living with intellectual disability.

Ron Smith, 61, has been volunteering at Minda for a year, doing two days of voluntary work at one of Minda's Day Options programs.

"As a tradesman I enjoy working in the garden and making things and a friend suggested I apply at Minda," he said.

"Everyone is so appreciative of what I do, which makes me feel really good about what I do as it makes a difference."

Minda recognises diversity among its volunteers.

Volunteers support Minda in a wide variety of roles, in areas including bus driving, socialising, fundraising, gardening and personal grooming.

□ **Inquiries: To find out more about volunteering, visit Minda's website at [www.minda.asn.au](http://www.minda.asn.au) or telephone the volunteer coordinator on 8422 6244.**