

What does Minda do?

Minda is a not for profit organisation.

Minda was established in 1898 and has continued to expand the range of services and facilities to meet the growing need within the community.

Minda takes great pride in the quality of the support and facilities, which it provides.

It offers people with an intellectual disability and their families the opportunity to achieve independence of choice, a feeling of self worth and the expressions of individuality that we take for granted.

Minda also provides the highly intensive and vital special care services that families appreciate and need, especially for those who are aged and frail.

We Can Do It



Volunteer Co-ordinator

Phone: 8422 6244

Fax: 8422 6330

Email: volunteers@minda.asn.au

Post: PO Box 5, Brighton, SA 5048

The South Australian Government Interpreting and Translating Centre provides a wide range of interpreting services.

For further information please contact:

Phone: +61 8 8226 1990

Fax: +61 8 8226 1992

www.translate.sa.gov.au

This publication is supported by the Australian Government through the Department of Families, Community Services and Indigenous Affairs.



Government of South Australia
Department for Families
and Communities

Minda is supported by the Department for Families and Communities.

Minda Incorporated

King George Avenue
Brighton, SA 5048

Phone: 8422 6200

Fax: 8422 6330

www.mindainc.com.au



Volunteer Services



We Can Do It

■ Inclusion ■ Respect ■ Choice

We Can Do It

Volunteer Services

Volunteers are an integral part of the extensive services delivered by Minda.
The work of the Minda Volunteer is highly respected and valued within the organisation and community.

Volunteers

Volunteer Services at Minda aims to provide support to clients in a range of daily activities.

The Volunteer Service is a channel through which members of the community, who desire to help, can contribute their resources, energy and ideas for the benefit of Minda and the community.

How can I become a Volunteer?

To become a volunteer is a simple process requiring a short interview followed by completion of the mandatory police check and registration form.

Volunteers are covered by insurance.

If you are interested in Volunteering with Minda please contact the Volunteer Co-ordinator - **8422 6244**.

Benefits of Volunteering:

- Learning opportunities
- Improve and develop new skills
- Gain satisfaction
- Make a vital and significant contribution
- Feel part of the team
- Social contact
- Add to resume
- Self confidence
- Enhance life experiences
- Opportunity to help others

Minda is a member of Volunteering S.A. Inc.



How you can assist:

Volunteers assist Minda in a wide variety of roles in the following areas:

- Bus driving
- Holidays - short, interstate and overseas
- Cooking
- Personal grooming
- Health and fitness
- Supporting clients on outings
- Gardening
- Socialising
- Administration and fundraising
- Day option activities;
 - Art
 - Pottery



Together, we can do it.

We Can Do It