

Our Vision

To maximise choice and inclusion for people with intellectual disability to achieve their aspirations.

Our Mission

We create the environment for individuals to pursue opportunities to lead valued and meaningful lives in supportive communities.

Key values underpinning our vision and mission are:

Respect - being valued by other people as an individual.

Inclusion - taking part in ordinary activities with other people in the community.

Choice - autonomy of the individual.



The United Nations Convention on the Rights of Persons with Disabilities and Minda

The ratification of the Convention will be far reaching. For people with disability, it will mean they will have greater choice in where they live, who they live with, who supports them and how they are supported.

Minda's adoption of the guiding principles of the Convention will enable the organisation to raise greater awareness of disability issues and foster a more inclusive society by helping the wider community understand why ensuring the rights for people with disability is important.

In adhering to the Convention's guiding principles, Minda will further evolve from a service driven model, to a more individualised approach.

This means that support will now be more tailored and individuals will be empowered to have input into and make decisions about the kind of support they receive.

In order to meet the guiding principles, Minda has initiated a change in the way in which people are supported.

A person centred thinking approach will see Minda demonstrate strong values around inclusion and citizenship, centred on what is most important to that person and facilitating real choice and real control.



The South Australian Government Interpreting and Translating Centre provides a wide range of interpreting services.

For further information please contact:

Ph: +61 8 8226 1990

Fax: +61 8 8226 1992

www.translate.sa.gov.au



Minda Incorporated

King George Avenue
Brighton, SA 5048

Ph: 08 8422 6200

Fax: 08 8422 6330

www.mindainc.com.au



Real lives, real places

A person centred approach



We Can Do It

Respect | Inclusion | Choice

We Can Do It

Minda: Supporting real lives in real places.

Minda is one of the first disability organisations in Australia to adopt the guiding principles of the United Nations Convention on the Rights of Persons with Disabilities, following the Federal Government's ratification of the Convention in 2008.

What is the purpose of the Convention?

Persons with disabilities remain amongst the most marginalised in every society. The Convention is the response of the international community to the long history of discrimination, exclusion and dehumanisation of people living with disability. The Convention is designed to promote, protect and ensure the full and equal enjoyment of all human rights and fundamental freedoms for all people with disability and to promote respect for their inherent dignity.

The guiding principles of the Convention aim to ensure that people with disability enjoy human rights, freedoms and respect like other people.

The principles include:

- Accessibility
- Non-discrimination
- Equality of opportunity
- Respect for inherent dignity, individual autonomy and independence
- Full and effective participation and inclusion in society
- Respect for difference and acceptance of people with disability as part of humanity and human diversity.



Person Centred Thinking

Person centred thinking sees the individual person empowered with the choices they want for their life. A person centred thinking approach gives people living with disability the central role in determining what they want to do now and in the future.

How is service delivery enhanced?

The new approach that will be adopted under the guiding principles of the UN Convention will realise a contemporary service that provides individuals living with intellectual disability a 'good life' where valued relationships, choice, contribution, security for the future and challenges are realised.

This approach takes into account the individual's aspirations and wishes and is designed to support individuals to reach a level of self determination that previous models of service did not promote. Importantly, this means listening to what people want for their lives.

Minda recognises that people living with intellectual disability have the right to support to meet their goals and aspirations.

A person centred approach delivers strong values around inclusion and citizenship, developed one person at a time. It is about listening to and working with each person to determine what is most important to them, facilitating real choice and real control.

Other key principles include:

- Support for family and community life, ensuring that additional support is given to the person, their family and friends, to enable them to live and participate in the community.
- Adoption of a social model of disability, which identifies the failure of society to accommodate people living with disability. This acknowledges the inaccessibility of buildings and discriminatory attitudes as the barrier to inclusion in society rather than a person's particular impairment.

- Services are user led, which means that people living with disability are closely consulted with and actively participate in the design, delivery and evaluation of services.
- Services address all of people's lives, ensuring that they provide whatever support is needed to enable the person to have a good quality of life, regardless of the effects of their impairment and disability.
- Services ensure that these principles are expressed in the day-to-day assistance provided to the individuals being supported.

By adopting both the Convention's guiding principles and person centred thinking, Minda, as a service and support provider, will ensure the support provided to each and every person is tailored to their individual needs and aspirations.

