

Day Options objectives:

- Support participants to set and achieve individual goals.
- Support young people with the transition into adult life.
- Build on current skills and assist participants to learn new skills.
- Encourage participants to maintain and develop peer relationships.
- Provide participants with choices and access to a wide range of activities and life experiences.



MINDA_SEPT09



Australian Government

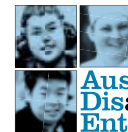
The South Australian Government Interpreting and Translating Centre provides a wide range of interpreting services.

For further information please contact:

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www.translate.sa.gov.au

The provision of employment assistance services to people with intellectual disabilities is funded by the Australian Government under the Disability Employment Assistance Program.



More than just good business

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Inclusion | Respect | Choice

Day Options



We Can Do It

Inclusion | Respect | Choice

We Can Do It

Day Options

Minda offer a variety of high quality, engaging Day Options programs for people with an intellectual disability. The programs aim to enhance individual's social and life skills, develop and build on interests, abilities and support community participation.

Programs include:

- Centre based activities, i.e. arts, pottery and gardening
- Community based outings, i.e. bush walking, fishing and bowling
- Work based skills, i.e. packaging, leaflet folding and skill development activities
- In home options, i.e. small group activities
- A Transition Unit provides Day Option clients with the skills to work in Disability Enterprises.

At least one of Minda's programs specifically caters for:

- School leavers
- People over the age of 50
- People with challenging behaviours
- People interested in working with professional artists in the visual, performing and digital arts program. This is a joint partnership program between Tutti and Minda.

Who can access the service?

The service is available to people with an intellectual disability who:

- Have left school and are seeking a day option program, and
- Live in South Australia, and
- Have been assessed as being suitable for a Day Options program

Students over 16 years of age can also access the program as part of their transition from school.

Minda Day Options operate five days a week, 48 weeks a year (9.30am - 3.30pm). An out of hours care service is available 8am - 9.30am and 3.30pm - 5.30pm

Want to access the Program?

Phone the Senior Manager - Day Options on **8422 6219** for further information.

Responsibilities:

Minda will accept responsibility for:

- Transport costs during program activities
- Keeping families up to date on their participants progress
- Involving family members in setting goals

Families/carers need to accept responsibility for:

- Providing lunch on a daily basis
- Transport to and from the program
- Notifying the program with correct personal information including medication and dietary requirements
- Paying for excursions/outings

Participants must meet the specific eligibility criteria of individual programs e.g. an audition is required to gain entry to the Tutti Arts performing arts program.

